

MANICURE AND PEDICURE AFTERCARE ADVICE

At Peaches Eskbank for healthy natural nails and pampered toes we use 'Jessica nail care' and Jessica 'Zen Spa' pedicure range. For long lasting hard-wearing soak of gel polish we use Jessica 'Geleration'.

Prior to your treatment:

- Where possible, please remove old nail varnish.
- If you have gel nails, please book in for a removal appointment prior to your treatment or remove them at home. We regret we are unable to remove any gels or nail enhancements not applied at Peaches Eskbank.

After your treatment:

- Please allow adequate time after your treatment for your nails to dry. (bring flip flops with you when having your toenails painted)
- Wear protective gloves when gardening and doing house work.
- Do not use your fingernails as tools, use pads of fingers instead.
- Dry hand thoroughly after washing.
- Use hand cream and cuticle conditioner regularly.
- Remove your Geleration with the recommended Erase remover. Do not pick to remove.
- Do not pick or bite nails or surrounding area.

Removing Jessica Geleration:

- We recommend you book in to the salon to have your gel polished removed. This service includes a nail tidy and treatment base.

Gel removal at home:

- Gently use a nail file to buff and break the surface of the gel. Be careful not to over buff.
- Cut tinfoil in to pieces large enough to wrap round the nail.
- Break up pieces of cotton wool, to the size of your nail plate.
- Soak the cotton wool with Erase geleration remover. (Erase removal kits are available to purchase in the salon)
- Apply soaked pads to the nail surface and wrap with the tinfoil.
- Repeat on each finger of one hand.
- Leave for 12 – 15 mins.
- Remove one foil at a time and using a wooden cuticle stick gently scrape away any excess gel. If it does not remove easily, replace the cotton wool soaked with erase wrap and leave for another 5 mins
- Repeat on the other hand.
- If necessary, use a gentle nail buffer to smooth and buff the surface of the nail.
- Apply recommended nail treatment and cuticle oil.

If you have any questions or concerns about your treatment please speak to your therapist.

Although rare there are potential risks with all treatments. If you have a reactions to any of the products or any other concerns post treatment, please contact us as soon as possible for advice. In severe cases please contact your doctor.