

Waxing pre-treatment and aftercare advice

Prior to treatment we recommend:

- You leave a minimum of 4 weeks between waxing sessions.
- You gently exfoliate 2 or 3 days prior to your treatment.
- 72 hours before treatment stop using any retinol, chemical peels, or products that may cause skin sensitivity (in the areas that are being treated).
- For 24 hours prior to treatment avoid any type of tanning, sun exposure, saunas, steam rooms or heat treatments.
- On the day of treatment avoid the use of body lotions or creams. (over the area being treated).

Although we would expect most reactions to go down within a few hours, normal skin reaction after treatment can last for up to 48 hours and may include:

- Reddening of the skin.
- Mild inflammation.
- Bumpy/histamine reaction.
- With intimate waxing you may feel slightly tender.

For 24 - 48 hours after your treatment we recommend:

- You avoid exposure to intense heat such as hot showers, saunas, steam rooms, direct sun. (a cool shower will be fine).
- Avoid swimming and chlorinated swimming pools.
- Do not apply deodorants, body sprays, perfumes or lotions to the waxed area (other than those recommended by your therapist).
- Avoid friction and sweat.
- Avoid touching the area.
- Keep the area clean.

For best results, between your waxing sessions:

- Do not use any other methods of hair removal.
- Gently exfoliate twice a week.
- Moisturise every day to keep the skin soft and smooth.

Although rare, there are potential risks with all treatments. To minimize the risks, you must follow the aftercare advice given. If you have any questions regarding your treatment, aftercare or skin reaction please speak to your therapist.